

IQONIC DAILY SHOTS

WATER IS ONLY THE START.

HYDRATE | FUEL | PERFORM | RECOVER

IQonic DAILY SHOTS™ is next-generation cellular hydration and daily performance fuel—built to replenish, activate, and help your body get more from every drop.* Unlike basic electrolyte powders, DAILY SHOTS combines full-spectrum electrolytes, cellular osmolytes, 70+ marine trace minerals, mineral-rich shilajit, coconut water, vitamin C, and acacia fiber through five complementary hydration pathways.

KEY BENEFITS



70+ MINERALS. ONE DAILY SHOT.

SolarSea® marine trace minerals deliver a broad spectrum of 70+ naturally occurring minerals to support mineral balance, cellular function, and hydration efficiency.*



SHILAJIT-POWERED PERFORMANCE FUEL

Mineral-rich shilajit provides fulvic compounds that support nutrient transport, mineral replenishment, cellular energy processes, and everyday performance.*



CELLULAR HYDRATION - NOT JUST WATER

Glycine and taurine act as osmolytes, supporting the movement and retention of water inside cells for a more complete hydration system.*



FULL-SPECTRUM ELECTROLYTES

Sodium, potassium, and magnesium support fluid balance, hydration delivery, muscle function, nerve signaling, and physical output.*



RECOVERY + RESILIENCE

Vitamin C, minerals, and cellular-support ingredients help support antioxidant protection, post-activity recovery, and daily resilience.*



FLAVORS

LEMON SPLASH - CRISP, BRIGHT, AND CLEAN

TROPICAL PUNCH - JUICY, VIBRANT, AND REFRESHING



ELECTROLYTE REPLENISHMENT



CELLULAR OSMOLYTE HYDRATION



GUT-ASSISTED ABSORPTION



70+ MARINE + FULVIC TRACE MINERALS



CELLULAR RECOVERY + RESILIENCE

SUGGESTED USE

1



MIX

Mix 1 stick with 8-12 oz of water daily.

2



DISSOLVE

Stir or shake until fully dissolved.

3



USAGE

Use throughout the day for hydration and fuel support.

HOW TO STACK

Use DAILY SHOTS as the hydration and mineral foundation of a daily performance routine. Pair with energy, collagen, metabolic, gut, or recovery products as part of a balanced stack.* Introduce products gradually to assess individual response.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

IQONIC DAILY SHOTS

WHO IT'S FOR

IQonic DAILY SHOTS™ is for people who want hydration to do more—more minerals, more cellular support, more fuel, and more performance from one daily stick.*

Everyday Performers - For busy professionals, founders, creators, and anyone who needs hydration and fuel that keeps pace with the day.*

Travelers + On-the-Go Users - For convenient hydration support during flights, road trips, long workdays, heat, and demanding schedules.*

Active + Training Lifestyles - For hydration, muscle function, recovery, mineral replenishment, and performance before, during, or after activity.*

Wellness Optimizers - For people who want more than electrolytes—including osmolytes, shilajit, trace minerals, coconut water, vitamin C, and acacia fiber.*

CORE - FUNCTIONS

Ingredients	What It Does
 SolarSea® Marine Trace Minerals	An adaptogenic botanical that supports the body's healthy response to everyday stress, mental balance, and physical resilience.*
 Shilajit Extract	An adaptogenic mushroom that supports whole-body resilience, immune wellness, and balance during periods of everyday stress.*
 Glycine	A traditional calming botanical used to support relaxation, emotional ease, and a settled sense of well-being.*
 L-Taurine	Supports a calm mood, relaxation, and nervous-system balance when the day feels overstimulating.*
 Magnesium Citrate	An amino acid that supports relaxed alertness and calm focus without the heavy positioning of a sedative.*
 Potassium Citrate	Supports fluid balance, cellular hydration, normal muscle contraction, and nerve signaling.*
 Sodium / Himalayan Sea Salt	Supports hydration delivery, fluid balance, electrolyte replenishment, and water retention during activity.*
 Coconut Water Powder	Provides naturally occurring hydration-supporting minerals and supports fluid replenishment.*
 Vitamin C	Provides antioxidant support and contributes to immune wellness, collagen formation, and cellular resilience.*
 Acacia Fiber	Supports digestive comfort and a gut environment that complements hydration and nutrient absorption.*

*A complete multi-system hydration formula—not simply an electrolyte product.



IQONIC DAILY SHOTS

IQONIC DAILY SHOTS - FAQ

What are IQonic DAILY SHOTS?

IQonic DAILY SHOTS™ are advanced cellular hydration and performance-fuel sticks combining full-spectrum electrolytes, osmolytes, 70+ marine trace minerals, shilajit, coconut water, vitamin C, and acacia fiber.*

What does 'water is only the start' mean?

Drinking water replaces fluid, but complete hydration also involves electrolyte delivery, water retention inside cells, mineral replenishment, nutrient transport, and recovery support. DAILY SHOTS is built to support all five.*

What makes DAILY SHOTS different from ordinary electrolyte powders?

Most hydration products focus mainly on water and electrolytes. DAILY SHOTS adds cellular osmolytes, 70+ marine trace minerals, fulvic-rich shilajit, coconut water, antioxidant support, and acacia fiber for a broader hydration-and-performance system.*

What are the five hydration layers?

The system supports electrolyte replenishment, cellular osmolyte hydration, marine and fulvic trace-mineral support, gut-assisted absorption, and cellular recovery and resilience.*

Why are 70+ minerals important?

Trace minerals support a wide range of normal cellular, enzymatic, hydration, and metabolic processes. SolarSea® provides a broad marine-derived mineral spectrum to complement the primary electrolytes.*

Why does DAILY SHOTS contain shilajit?

Shilajit is a naturally occurring mineral-rich ingredient containing fulvic compounds and trace minerals. It supports nutrient transport, mineral replenishment, cellular energy processes, stamina, and everyday performance.*

How does shilajit support performance fuel?

Shilajit's fulvic and mineral compounds support cellular energy pathways and nutrient transport. It does not act like caffeine; it supports the body's underlying mineral and cellular performance systems.*

What are osmolytes?

Osmolytes help support the movement and retention of water within cells. Glycine and taurine complement electrolytes by supporting hydration where the body uses it.*

Why aren't electrolytes alone enough?

Electrolytes are essential, but hydration also depends on cellular water retention, trace minerals, digestive support, and recovery. DAILY SHOTS combines all of these layers in one system.*

Does DAILY SHOTS contain caffeine or stimulants?

No. DAILY SHOTS supports hydration, fuel, recovery, and performance without caffeine or synthetic stimulants.*

How and when should I take DAILY SHOTS?

Mix one stick with 8-12 oz of water daily. Use it in the morning, before or after exercise, during travel, through demanding workdays, or whenever hydration support is needed.

Can I use DAILY SHOTS before a workout?

Yes. The electrolytes, osmolytes, minerals, shilajit, and coconut water make it a strong hydration and fuel foundation before activity.*

Can I use it after a workout?

Yes. DAILY SHOTS supports fluid and mineral replenishment, muscle function, antioxidant protection, and post-activity recovery.*

What flavors are available?

DAILY SHOTS comes in two flavors: Lemon Splash and Tropical Punch.

Is it naturally sweetened?

Yes. The formula is naturally sweetened with stevia and contains no artificial sweeteners or artificial colors.

Can I combine it with other products?

Yes. DAILY SHOTS can provide the hydration and mineral foundation beneath energy, collagen, metabolic, gut, or recovery products. Introduce products gradually and review overlapping nutrients.

Who should consult a healthcare professional before use?

Consult a healthcare professional before use if you are pregnant or breastfeeding, have a medical condition, take prescription medication, or have concerns regarding electrolyte or mineral intake.

Are there any cautions?

Use only as directed. Some people may experience temporary digestive adjustment when first introducing mineral- and fiber-containing products. Discontinue use if an adverse reaction occurs and keep out of reach of children.