

IQONIC CALM

CALM THE NOISE. KEEP YOUR EDGE.

IQonic CALM™ Anti-Stress Gummies are a peach-flavored daily formula designed to support a healthy stress response, relaxed clarity, nervous-system balance, and everyday emotional resilience without positioning as a sleep gummy.* Five complementary actives help you feel more centered, composed, and ready for whatever the day brings.*

KEY BENEFITS



EVERYDAY STRESS RESILIENCE

Ashwagandha helps the body adapt to everyday physical and mental stress while supporting balance and resilience.*



RELAXED CLARITY

L-theanine promotes a calm, attentive state so you can take the edge off without checking out.*



NERVOUS-SYSTEM BALANCE

Lemon balm and chamomile support relaxation, emotional ease, and a more settled state of mind.*



ADAPTOGENIC WHOLE-BODY SUPPORT

Reishi mushroom complements ashwagandha with adaptogenic support for resilience, immune wellness, and everyday balance.*



CALM—NOT KNOCKED OUT

Created for composure and relaxed focus during demanding days or evening wind-down—not as a sedating sleep product.*



ANTI-STRESS
GUMMIES



PEACH
FLAVOR



FIVE-ACTIVE PROPRIETARY
CALM AND RESILIENCE BLEND



30 GUMMIES
PER BOTTLE



DESIGNED FOR DAYTIME CALM
OR EVENING WIND-DOWN

SUGGESTED USE

1



1 GUMMY

per serve. Take 1 to 8 GUMMIES a day.

2



CONSISTENCY

Use consistently as part of a daily wellness routine.

3



STORE

Store in a cool, dry place.

HOW TO USE CALM:

Reach for CALM before a demanding workday, during high-pressure periods, while traveling, or as part of an evening decompression routine. It is designed to support calm presence and resilience without stimulant energy or a sleep-focused position.*

FORMULA AT A GLANCE

Proprietary calm blend: Ashwagandha Root Extract • Reishi Mushroom Extract • Chamomile Extract • Lemon Balm Extract • L-Theanine

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Consult a healthcare professional before use. Keep out of reach of children.

IQONIC CALM

WHO IT'S FOR

IQonic CALM™ is for adults who want a simple, enjoyable way to support composure, relaxed clarity, and a healthy response to everyday stress.*

BUSY, HIGH-OUTPUT PEOPLE - For demanding schedules, crowded calendars, and days when staying steady matters as much as staying productive.*

CALM-FOCUS SEEKERS - For people who want to feel relaxed and present without turning their day off.*

EVERYDAY STRESS MANAGERS - For those building a consistent wellness routine around resilience, balance, and emotional ease.*

EVENING WIND-DOWN USERS - For people who want a smoother transition out of a busy day without positioning the product as a sleep aid.*

THE FIVE-ACTIVE CALM SYSTEM

Active Ingredient	Function / Purpose
 Ashwagandha Root Extract	An adaptogenic botanical that supports the body's healthy response to everyday stress, mental balance, and physical resilience.*
 Reishi Mushroom Extract	An adaptogenic mushroom that supports whole-body resilience, immune wellness, and balance during periods of everyday stress.*
 Chamomile Extract	A traditional calming botanical used to support relaxation, emotional ease, and a settled sense of well-being.*
 Lemon Balm Extract	Supports a calm mood, relaxation, and nervous-system balance when the day feels overstimulating.*
 L-Theanine	An amino acid that supports relaxed alertness and calm focus without the heavy positioning of a sedative.*

WHY THE FORMULA WORKS TOGETHER

Ashwagandha and reishi create the adaptogenic foundation. Chamomile and lemon balm add botanical relaxation support. L-theanine completes the formula with relaxed clarity. Together, the five actives support a steady, centered state without making sleep the main story.*



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IQONIC CALM — FAQ

What is IQonic CALM?

IQonic CALM™ Anti-Stress Gummies are peach-flavored daily gummies formulated to support stress resilience, relaxed clarity, nervous-system balance, and everyday emotional well-being.*

What does CALM support?

CALM supports the body's healthy response to everyday stress, calm focus, emotional ease, and whole-body resilience.* It is a wellness supplement, not a treatment for anxiety or any medical condition.

Is CALM a sleep gummy?

No. CALM is positioned for calm, composure, and relaxed clarity—not as a sleep product. It may fit an evening wind-down routine, but sleep is not its primary purpose.*

Will CALM make me drowsy?

The formula is designed around calm balance rather than sedation. Individual responses vary, so first-time users should assess how they personally respond before driving or operating machinery.

What are the five active ingredients?

The proprietary calm blend contains ashwagandha root extract, reishi mushroom extract, chamomile extract, lemon balm extract, and L-theanine.

Why is ashwagandha included?

Ashwagandha is an adaptogen that supports a healthy response to everyday stress and helps promote mental and physical resilience.*

What does reishi contribute?

Reishi adds adaptogenic, immune-wellness, and whole-body balance support to the formula.*

Why combine chamomile and lemon balm?

These traditional botanicals complement one another by supporting relaxation, emotional ease, and a settled state of mind.*

What does L-theanine do?

L-theanine supports relaxed alertness and calm focus, helping the formula promote composure without stimulant energy.*

When should I take CALM?

CALM can be used at a consistent time each day, before anticipated stressful periods, or during an evening wind-down. Follow the final product label directions.

How many gummies are in one bottle?

Each bottle contains 30 gummies.

What flavor is CALM?

CALM features a smooth, approachable peach flavor.

Does CALM contain caffeine or stimulants?

The five-active formula does not include caffeine or stimulant ingredients.

Can I combine CALM with other supplements?

Review all labels for overlapping ingredients and speak with a healthcare professional before combining supplements, especially products intended for mood, relaxation, or sleep.

How quickly will I notice a difference?

Experience varies. Some ingredients may be noticed around the time of use, while adaptogenic support is generally best evaluated with consistent use over time.*

Who should consult a healthcare professional before use?

Consult a healthcare professional if pregnant or breastfeeding, taking medication, managing a medical condition, sensitive to mushrooms or botanicals, or considering use by a child.

Are there any cautions?

Use only as directed. Do not combine with alcohol or sedating products without professional guidance. Discontinue use if an adverse reaction occurs. Keep out of reach of children.